

# MOVING FORWARD



The members of the Center's Resource Council solicit, pick up, and store furniture and household items to provide the survivors of domestic violence or sexual assault with many of the things they need as they are *'moving forward'* from the Shelter to a home of their own.

This initiative began in the spring of 2013 when a volunteer asked three friends, who happened to be relocating and downsizing, not to discard anything that could be used by survivors in this situation. The volunteer stored the items in her garage and informed the Shelter staff of her efforts and of the specific donated items on hand. Soon the volunteer became an integral part of the survivors' moving procedure. In January 2014, when a benefactor offered the use of a private storage room for this purpose, the ***Moving Forward*** program was officially born and adopted by the Center and is available to any survivor receiving services from the Center.

Traditionally, as survivors prepare to transition from living at the Shelter to living on their own, their advocate asks them to draw up a 'wish list' indicating furnishings and other items they need to set up their own household. Each wish list is forwarded to the Resource Council who immediately sets the ***Moving Forward*** wheels in motion.

This program has proven to be extremely beneficial to the survivors not only for providing them with some of their material needs, but also because it greatly reduces the overwhelming stress they encounter as they plan to continue to survive and regain a sense of normalcy in their lives.

If you wish to support the ***Moving Forward*** program by making a donation or volunteering to help pick up and/or deliver donated items, please call the Center at (845) 634-3391. The standard list of household items survivors need can be found on the reverse side of this flyer. You will be provided with a letter of thanks which can be used for tax purposes.



Standard household items survivors need when *moving forward* from the Shelter to a home of their own (*clean, lightly used or new*):

### KITCHEN ITEMS 🍴

**Dishes** – Bowls • Cups • Mugs  
Glasses • Plates • Cooking Utensils  
Cutlery • Flatware • Bakeware  
Dish Drainer • Mixing Bowls • Pots  
Pans • Salt & Pepper Shakers  
Sugar Bowl • Tea Kettle cannisters  
**Furniture** – Chairs • Table  
**Linen** – Dish Towels • Pot Holders  
Tablecloths  
**Appliances** – Blender • CrockPot  
Coffee Maker • Microwave Oven  
Toaster/Toaster Oven • Hand Mixer  
Refrigerator  
**Other** – Tupperware • Kitchen Canisters  
Waste Basket

### LIVING ROOM ITEMS 🛋️

Air Conditioner • Space Heater • Fan  
Curtains & Rods • Coffee Table • Desk  
End Tables • Lamps • Sofa/Sofa Bed  
Area Rug • Stuffed Chairs • Wall Clock  
TV & TV Table • VCR/DVD Player

### BEDROOM ITEMS 🛏️

Bed Frames & Mattresses (T, F, Q)  
Comforters (T, F, Q) • Sheets (T, F, Q)  
Blankets (T, F, Q) • Pillows (new)  
Hangers • Alarm Clock • Bedside Tables  
Chest of Drawers/Small Dresser • Lamps

### BATHROOM ITEMS 🚿

Bath Mat • Blow Dryer • Hand Soap  
Toilet Brush • Tooth Brush • Towels  
Wash Cloths • Shower Curtains & Hooks  
Waste Basket • Toilet Paper

### CLEANING ITEMS 🧹

Broom • Mop Vacuum • Clorox  
Dish Soap • Fabric Softener  
Laundry Detergent • Paper Towels  
Sponges Iron & Ironing Board

### CHILDREN'S ITEMS 🛒

High Chair • Baby Monitor • Carseat  
Safety Gates • Stroller • Diapers  
Crib • Toddler Bed/Bedding  
Mattress Cover • Outlet Safety Caps

### USEFUL GIFT CARDS 🛒

Amazon • Bed Bath & Beyond  
Home Depot • Lowe's • Supermarket  
Target • Walmart • Visa



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