



What Students Are Saying

"There's something in SAEDA that we use to describe how much SAEDA has changed us in every aspect of our lives; we call it 'SAEDA lenses.' The SAEDA training brings an enlightened, empowered perspective into conversations, advertisements, classroom discussions — basically everything. It's like seeing the world through 'lenses' of acceptance, education, and social justice. And more than anything, our SAEDA lenses help us speak up against oppression and injustice everywhere, not just in our SAEDA meetings."

"This was one of the best trainings I've ever had. It completely changed my entire perspective of the world. I am so much better able to talk about important issues now than I was before the training. I think all students

Center for Safety & Change offers services and support to promote safety for women, men and children while advocating for social systems that will no longer tolerate and perpetuate violence against women and other oppressed groups.

All programs are multilingual and culturally sensitive for individuals and families both heterosexual, lesbian, gay, bi-sexual, transgender or queer (LGTBQ). If you need assistance to ensure our services meet your needs, please contact us.

Support Us. As a non-profit organization, we rely on our generous donors and funders for support, so we can in turn provide life-changing and lifesaving services to survivors of domestic violence and sexual assault, as well as strategies to end gender-based violence. You can help the **Center for Safety & Change** change the epidemic of violence against women.

Make a Donation Today!

Donate online at www.centerforsafetyandchange.org or call **845.634.3391** and ask for our Director of Development about more information on how we can partner together to end gender-based violence.



Formerly Rockland Family Shelter

- Domestic Violence and Sexual Assault Services
- Strategies to End Gender-Based Violence
- Crime Victims Services

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SAEDA

STUDENT ACTIVISTS ENDING DATING ABUSE



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SAEDA?

STUDENT ACTIVISTS ENDING DATING ABUSE

In 2004, **Center for Safety & Change** first offered a summer training program for high school students addressing the primary prevention of gender-based violence, anti-oppression work and social change activism. Since then, SAEDA has continued to evolve with multiple trainings every year.

Youth Development Model

The youth development approach focuses on strengthening the capacity of young people to successfully navigate the life stages of adolescence, and to develop empathy, leadership, and social activism skills.



"SAEDA is a youth-led education and prevention program dedicated to celebrating diversity, challenging oppressive social norms, promoting leadership and inspiring youth to ultimately end gender-based violence."

How We Fulfill Our Mission

- Promoting Youth Leadership
- Working To End Gender-Based Violence
- Celebrating Diversity
- Challenging Oppressive Social Norms

SAEDA Multi-Day Training

A fun and interactive training for Rockland high school students in grades 9-12! Trainings are held multiple times of year. A faculty composed of experienced staff of adults and past SAEDA graduates who facilitate presentations and activities that address dating abuse and violence prevention, healthy vs. non-healthy relationships, bullying, racism, adulthood, heterosexism, sexism, racism, sexual assault/consent, intersectionality of different oppressions, privilege, and how to be an effective ally.

Sub-Committee

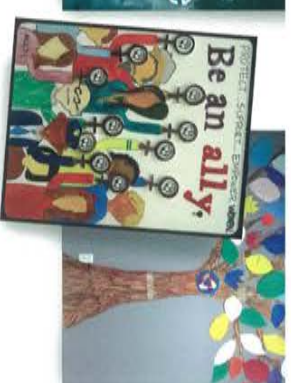
Sub-Committee meetings are held once a week and are comprised of a core leadership team of students who have completed the multi-day training. Students explore topics from the training in more depth and plan monthly action events.

Monthly Action Events

Monthly Events are usually held on the last Friday of the month at the Palisades Center Mall. All attendees are provided with free dinner! Past monthly events have included such themes as "Youth Activism through the Arts," "Bullying," "The Oppression of Native American Women," "Media Literacy: Media Mall Hunt," and "Domestic Violence Awareness."



Student Artwork



What Parents Are Saying

"I can't believe the way my daughter is talking about things now. It's like her whole view of the world has changed!"

"My son really enjoyed the program. I am so happy he was able to participate in this valuable training."

